

The Appomattox Drug Store Times

800 West Confederate Blvd. Appomattox, VA 24522 – (434) 352-7161 – M-F 8:30a-6:30p, Sat. 8:30a-4p
Integrating Traditional, Herbal, Homeopathic and Nutritional Therapies

August A special publication for our Very Important Patients from your Neighborhood Health & Wellness Center

Finally— A Natural Weight Control Product that *Works for Nearly Everybody*

A Special Message About Your Health

As you know from prior editions of this newsletter, I am on a mission to help you improve your health... and live a longer life.

In my research, I've constantly come face-to-face with new ideas and new ways to help you control allergies, as well as the common cold. I also periodically uncover ways to fight dreaded diseases such as Alzheimer's, heart attacks, and cancer. Yes, even cancer.

According to the late Dr. Royal Lee, an innocent sounding item like fructose or corn syrup can have rather deadly effects if consumed over a lengthy period of time.

Yes, corn syrup. According to Dr. Lee, fructose or corn syrup "predisposes humans to cancer." It also creates diabetes for far too many human beings.

So in addition to my prior suggestions to eliminate— or at least cut back on— alcohol, colas and coffee, I now suggest that you eliminate any beverages that contain ingredients labeled "fructose" or "corn syrup."

Space does not allow me to explain in detail. However, this form of sweetener can create more health hazards than you would ever care to deal with. Watch for more details in a future edition— or see me in person for faster information.

Rick Pack, R.Ph.

We always recommend that our patients examine and address their diet and lifestyle problems rather than seek a "quick fix" to unwanted weight gain. However, we've recently discovered a product that is so phenomenal that just about anyone can benefit from its abilities to burn fat while preserving lean muscle mass, prevent over-eating, and increase energy.

It's called **Bioptrin Plus**, and it contains **Bioptrinol™**, a synergistically integrated weight-loss compound that, according to the manufacturer, *Mellen Medical*, "makes up for years of over-eating and bingeing, years of being too tired to exercise, years of taking something out of the closet and finding it no longer fits, and years of dieting failure. You'll never say diet again!"

Bioptrin contains:

- **Essential Amino Acids-** L-Phelylalanine, L-Lysine, L-Tyrosine, L-Carnitine have been scientifically proven to have the ability to elevate mood, decrease appetite, reduce body fat, and use stored fat as energy.
- **Glucomannan Fiber-** Did you ever eat a full meal and then feel hungry again an hour later? Glucomannan expands 50 times its own weight when taken with a glass of water- you will automatically eat less and stay full long afterwards-you're almost guaranteed to never again overeat at meals or in-between.
- **CLA-** Conjugated linoleic acid decreases body fat while preserving muscle-CLA can help the body convert fat to lean tissue.
- **Guarana Seed-** Guarana naturally increases and sustains energy- you'll be more active and less tired.
- **Garcinia Cambogia (HCA)-** Garcinia can help suppress the appetite, and reduce the body's ability to produce and store fat
- **Yerbe Mate Bark-** A natural appetite suppressant.
- **Green Tea-** A fat burner that can regulate blood sugar.
- **Chromemate Chromium (300 mcg)** Metabolizes glucose, normalizes blood sugars and promotes fat loss
- **Enerplex Herbal Blend (333.3 mg)** A proprietary blend of natural herbal ingredients that help metabolize fat, rid the body of toxins, stimulates the intestinal tract, aid the thyroid, and increase thermogenesis*

A bottle of 120 capsules is just **\$39.98**. Compare that to *Zotrin* at **\$89!**

Please note: although it's all-natural, **Bioptrin** is so powerful that it may not be for everybody; do talk to our pharmacist and read label disclosures carefully.

Give **Bioptrin** a try. Remember— **we personally guarantee your satisfaction 100% or your money back**. Please stop in and let us know how well it works for you!

There Are No Warning Signs for Osteoporosis

If you're between the ages of 20 and 40, consider these facts:

- 1 of every 2 women and 1 of every 8 men over age 50 will suffer an **osteoporosis-related fracture**. And according to CBS News, 1 out of every 5 of these people **will die within one year**.
- **50% of hip fracture sufferers will never walk independently again**, requiring assistance to perform daily functions for the rest of their lives.
- **Chances of death** due to hip fracture top **20%**.
- Osteoporosis often begins in one's **20s** or **30s**.
- **There are no warning signs for osteoporosis**.

You cannot afford to ignore these facts— especially if you're a young woman. Osteoporosis can be debilitating, expensive— even lethal. It can result in your complete dependency and added responsibilities for your family. It is also now the 12th leading cause of death in the U.S.

You need to actively prevent osteoporosis— and soon!

Supplementing with calcium alone isn't enough. You see, not all forms of calcium are created equal. Calcium salt and calcium carbonate are *very* poorly absorbed by your body. We recommend *Vinco's Osteosheath*, which has a combination of the three most potent and best-absorbed forms of calcium (Microcrystalline Hydroxyapatite Calcium, Calcium Chelate and Calcium Citrate), as well as other vitamins and minerals essential to bone growth and stability.

They say, it's not so much what we do, but what we *don't* do that we regret later in life. Don't regret later that you didn't take action today. Take preventive action now. Begin taking *Osteosheath* today! A bottle of 90 is just \$17.98. Such a small investment to prevent something so life-threatening.

Natural Cholesterol Management that Gets Real Results

Want a truly **SAFE** and comprehensive approach to LDL cholesterol management? Our pharmacy recommends that you try **LIPITROL**. Its antioxidants combat free radicals while several other all-natural components reduce cholesterol and triglycerides and also provide additional heart and liver support. And **LIPITROL doesn't** cause "niacin flush" like most other cholesterol-reducing medicines.

*"My name is Barbara. When my cholesterol reached 280, my doctor prescribed Lipitor. But I was apprehensive because of the negatives and side-effects I was reading and hearing about. Then I talked to my pharmacist. He recommended **Lipitrol**, and I'm sure glad he did. After taking **Lipitrol** for just one month, my cholesterol dropped significantly. Since then it has been dropping more slowly, but consistently, recently being measured at 225. **My cholesterol has gone down by 55 points!** I feel really terrific about his recommendation, especially since my HDL has remained nearly as high as it was. I am absolutely elated."*

LIPITROL works so well that **I guarantee your satisfaction 100%**. It's just \$34.99 for a bottle of 90.

Please note: you should *never* discontinue taking any prescription medication without talking to your doctor. Your doctor knows what's best for you, and statins can truly be lifesavers. Lipitrol can be used safely in combination with statin drugs and, in fact, can complement almost any prescription regimen you are taking. Additionally, if you're taking statin drugs, do talk to us about CoQ10.